



Your choice of 2 toppings:
nutella, chocolate chips,
mixed berries or bananas

JUMBO PANCAKES

buttermilk or sweet potato

11

BELGIAN WAFFLE

11

RED VELVET FRENCH TOAST

bourbon candied pecans
and bourbon butter sauce

14

BEVERAGES

Seattle's Best Regular
or Decaf Coffee {3}

Cappuccino {4}

Espresso or
Double Espresso {4/6}

Café Latte, Mocha,
Macchiato {4.50}

Tazo Tea {3}

Executive Chef: Olivier Gaupin

Restaurant Sous Chef: Mouhssine Benhamacht

ON THE MOVE

PEACHTREE

two cage free eggs prepared to your
preference, breakfast potatoes,
seasonal fruits, biscuit
and sausage gravy {12}

PIEDMONT PARK

two cage free eggs prepared
to your preference with
your choice of: bacon,
turkey bacon, chicken apple
sausage or grilled ham and:
breakfast potatoes, cheese grits
topped with bacon and
cheddar cheese or seasonal
fruits & berries {14}

SOUTHERN START

buttermilk biscuit and scrambled eggs,
fried chicken, pickled red onions
and gravy, seasonal fruit or
breakfast potatoes {9}

SMOOTHIES

\$9⁰⁰

TROPICAL

fresh pineapple, banana & mango,
soy milk, maple syrup and
fresh mint leaves

BERRIES & BANANA

blueberry, strawberries,
banana, soy milk, maple syrup
and fresh mint leaves

SPINACH, AVOCADO & APPLE

blended together with fat free yogurt
and apple juice

SALTWOOD

CHARCUTERIE & BAR

COLD PRESSED × JUICES ×

From our Local Market - \$10

COFFEE ALMOND

brain power, skin and hair strength,
digestive support (almond based)

SPINACH APPLE

blood pressure control, skin beauty, energy

GINGER LEMON

eye color enhancing, liver support,
cholesterol reduction

DEEP CHOCOLATE

energizing, antioxidant,
endurance builder (almond based)

All natural cold pressed juices
from bamboo (our local juicing friends)
are raw, organic and made with produce
from our local farms



SIDES

BREAKFAST POTATOES 5

GRITS 5

SEASONAL FRUITS & BERRIES 6

APPLEWOOD SMOKED BACON,
TURKEY BACON 6

GRILLED HAM OR
CHICKEN APPLE SAUSAGE 6

STAYING FIT

ST. JAMES SCOTTISH SMOKED SALMON

toasted bagel, lemon and dill
cream cheese, red onion and capers

14

BANANA SPLIT

berries, vanilla bean yogurt,
homemade granola

8

STEEL CUT OATMEAL

raisins, brown sugar

6

ASSORTED CEREALS

or Organic Kashi Cereal

8

Add bananas
or seasonal berries {3}

Consuming raw or undercooked
meats, poultry, seafood, shellfish
or eggs may increase the risk
of food borne illness.



Served with your choice of
breakfast potatoes, cheese grits
topped with bacon and cheddar cheese,
or seasonal fruits and berries,
and your selection of bread

THE GEORGIAN BENEDICT

poached eggs, crab cake, fried green tomatoes,
toasted cornbread and chipotle hollandaise

16

THE CLASSIC BENEDICT

poached eggs, grilled ham, steamed asparagus,
toasted english muffin, traditional lemon hollandaise

14

INSPIRATIONAL OMELET

(egg whites / egg beaters)
choose four toppings: tomato, bell peppers,
mushrooms, onions, spinach, ham, shrimp,
american, cheddar or swiss cheese

12

STEAK AND EGGS

rosemary grilled flat iron steak, 2 cage free
eggs prepared to your preference

18

Spotted Trotter BEEF AND PORK BRAT

fried onions, scrambled eggs,
mustard sauce & sour dough bread

14