



*With maple syrup and your choice of 2 toppings:*

ORGANIC ALMOND BUTTER  
ORGANIC PEANUT BUTTER  
CHOCOLATE CHIPS  
ASSORTED MIXED BERRIES  
SLICED BANANA

## JUMBO BUTTERMILK PANCAKES 11

## SKILLET BREAD PUDDING 12 FRENCH TOAST

georgia pecan praline sauce

## BELGIAN WAFFLE 11

## BEVERAGES

*Seattle's Best Regular or Decaf Coffee* 3

*Cappuccino* 4

*Espresso or Double Espresso* 4/6

*Café Latte, Mocha, Macchiato* 4.50

*Tea Forte* 4.50

## SOUTHERN FLAVORS

### LITTLE FIVE POINT 13

two cage free eggs to your liking, choice of potatoes or fruit, biscuits and sausage gravy

### GRANT PARK 15

two cage free eggs to your liking, choice of bacon, turkey bacon, chicken apple sausage or grilled ham, choice of breakfast potatoes, cheese grits or seasonal fruit and berries

### MORNINGSIDE 17

two cage free eggs to your liking, saltwood smoked salmon, choice of mini bagel (everything, plain or asiago cheese), tomato slices, red onions, capers, lemon crème fraîche

### INMAN PARK 16

two cage free eggs of your liking, southern fried pork chop, apple sauce, choice of roasted potatoes, cheese grits or fresh fruit

## SMOOTHIES 10

### TROPICAL

golden pineapple, banana, mango, soy milk, maple syrup, fresh crushed mint

### PEACHES & YOGURT

georgia peaches, atlanta fresh yogurt, maple syrup, fresh basil leaves

### SPINACH, AVOCADO AND APPLE

blended with fat free yogurt and apple juice

# SALTWOOD

## CHARCUTERIE & BAR

## COLD PRESSED JUICES

FROM OUR LOCAL MARKET 10

### COFFEE ALMOND

brain power, skin and hair strength, digestive support (almond base)

### SPINACH APPLE

blood pressure control, skin beauty, energy

### GINGER LEMON

eye color enhancing, liver support, cholesterol reduction

*All natural cold pressed juices from Bamboo (our local juicing friends) are raw, organic and made with produce from our local farms*



## A LA CARTE

FRESH FRUITS & BERRIES 6

BREAKFAST POTATOES 5

CHEESE GRITS 5

APPLEWOOD SMOKED BACON OR TURKEY BACON 5

GRILLED HAM OR

CHICKEN APPLE SAUSAGE 6

CAGE FREE EGG TO YOUR LIKING 3

## HEALTHY OPTIONS

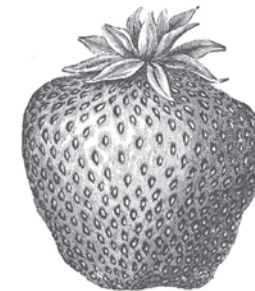
### BANANA SPLIT 10

berries, vanilla bean yogurt, homemade granola

### STEEL CUT OATMEAL 7

golden raisin, brown sugar

### ASSORTED CEREAL OR 8 ORGANIC KASHI CEREAL



ADD BANANAS OR SEASONAL BERRIES 4

### ..... OUR LOCAL ..... ARTISANS & FARMERS

Atlanta Fresh Creamery — Atlanta, GA

Croissant Bakery — Sandy Springs, GA

Bamboo Cold Pressed Juice — Atlanta, GA

White Oak Pastures — Bluffton, GA

Fairywood Thicket Farm — Fairburn, GA

*Loews Atlanta Hotel is passionately committed to serve and deliver the freshest and healthiest ingredients. We strive to use non-GMO, sustainable products, partnering with farms across the country to keep these promises. Bon appétit!*



SALTWOOD SPECIALTY EGGS ARE SERVED WITH YOUR CHOICE OF BREAKFAST POTATOES, CHEESE GRITS, OR FRUIT AND BERRIES

### THE SOUTHERN CLASSIC 17

butter milk biscuit, 14-hour smoked brisket, poached eggs, chipotle hollandaise

### THE CLASSIC BENEDICT 15

english muffin, grilled ham, steamed asparagus, lemon hollandaise

### THE FIT BENEDICT 15

gluten free english muffin, sliced avocado, poached eggs, squeezed lemon, steamed asparagus

### STEAK & EGGS 19

two cage free eggs to your liking, grilled kobe skirt steak

### THE OMELET 12

*Egg White or Egg Beaters Available*

choose four toppings: tomato, bell pepper, mushroom, onion, spinach, ham, shrimp, american, cheddar or swiss cheese

Michael Brookshire | Restaurant Chef  
Jeremy Williamson | Restaurant Sous Chef

Arley Estevez | Pastry Chef

Kelly Chandler | General Manager